



Class Criteria for Advancement

Not sure which class you belong in? Here is MNTC's official criteria check list for advancement.

Beginner (Minions) Ages 4-6, 6-8

- ✓ Listens & follows directions
- ✓ Able to play with & respect other players
- ✓ Ready to learn & have fun!

Intermediate-Advanced (Red Smash) Ages 5-8

- ✓ Rally Ball Drill (rally within 15 seconds) – Red Ball: 6
- ✓ Knowledge of scoring & court positioning
- ✓ Groundstrokes: Full swing on forehands/backhands – able to hit consistently over the net
- ✓ Volley: Continental grip, while stepping into the shot
- ✓ Serves: Overhand motion with a follow through.
- ✓ Interested in match play & tournaments.

Beginner + (Aces) Ages 9-14

- ✓ Listens & follows directions
- ✓ Able to play with & respect other players
- ✓ Ready to learn & have fun!

Intermediate-Advanced + (Orange Crush/Green Slam) Ages 12U

- ✓ Rally Ball Drill (rally within 15 seconds) – Red Ball: 8 Orange: 6 Green dot: 6
- ✓ Knowledge of scoring & court positioning
- ✓ Groundstrokes: Full swing on forehands/backhands–beginning to use spin
- ✓ Volley: Able to place volleys
- ✓ Serves: Full overhand motion, starting to differentiate between 1st & 2nd serves able to make 6 out of 10.
- ✓ Players have experience in match play, USTA tournaments, junior team tennis and EDC/CTC programs.

Intermediate  (Academy)

- ✓ Rally Ball Drill (rally within 15 seconds) –Green dot: 6 Yellow: 5
- ✓ Able to recognize & execute playing patterns
- ✓ Groundstrokes: Able to place the ball, execute depth & directional control
- ✓ Net: Able to place & put away volleys, begin to execute lobs & overheads
- ✓ Serves: Full overhand motion, starting to differentiate between 1st & 2nd serves; able to make 6 of 10 1st serves.
- ✓ Transition Shots: Able to hit transition shots with pace & depth
- ✓ Match play experience &/or have the goal of playing in USTA tournaments, junior team tennis, CTC programs.

Advanced  (High Performance)

- ✓ Rally Ball Drill (rally within 15 seconds) - Yellow: 7
- ✓ Committed, focused, serious year round players
- ✓ Developing & using individual playing patterns & game style
- ✓ Players are using topspin & backspin (slice) on their shots
- ✓ Demonstrate directional intent + ability to create & absorb pace
- ✓ Must have definitive 1st and 2nd serves
- ✓ Net Game: Able to attack the net, execute lobs & overheads as weapons.
- ✓ Experienced USTA tournament players with the goal of playing for their school team.