



MNTC NEWSLETTER

SPRING

2025

Our mission is to inspire excellence, create opportunities, connect the community and foster a positive lifelong impact through tennis.

COURTS UPGRADED

As most of you know, our courts have been completely resurfaced earlier this year. But did you know we also have **new nets** and **net dividers**?

To preserve the quality and longevity of our courts, we kindly ask all players to observe the following:

- Wear non-marking, tennis-specific shoes only
- Use non-spill water bottles to keep the court surface clean and safe



2024 RSPA PROFESSIONAL OF THE YEAR

Mike Caboy received this prestigious award from the Racquet Sports Professional Association (RSPA), an organization dedicated to supporting and recognizing excellence in racquet sports leadership, programming, and community impact across the country.

"I am humbled and honored. It has been an amazing year working with the incredible staff at MNTC and with the board of RSPA Mid-Atlantic."
- Mike Caboy

Coach's Corner

COACH MIKE CABOY

Height - When playing from the baseline, your target should be between three to six feet over the net, minimum.

For example, Jessica Pegula has the lowest net clearance on tour (ATP or WTA) with an average over 2.5 feet.

McCormack-Nagelsen
Tennis Center



**Deadline for
registration
is May 7th**

Match Play for Junior Programs

**Saturdays
May 17 - June 14, 2025**

10:00 - 11:00

**Red Ball (Tiny Tots) -
Singles Play with coaches
on court to assist. - \$80**

10:00 - 11:00

**Orange Ball (Future Stars)
Singles and Doubles with
coaches on court to assist. - \$80**

11:00 - 12:30

**Green Ball (Challengers)
Dominant Duo format.
Teams of two will compete in
both Singles and Doubles. - \$100**

12:30 - 02:00

**Yellow Ball (Junior Slam)
Dominant Duo format.
Teams of two will compete in
both Singles and Doubles. - \$100**

**(757) 221-7378
williamsburgtenniscenter.com**

**705 S. Henry Street
Williamsburg, VA 23185**

MNTC Junior Tribe Spotlight



THOMAS - AKA "UNDER ARMOUR"

- Loves tennis because of the energy and fun!
- Current goal is accelerating the racquet.
- Favorite coach's tip right now is about coming to the net.
- Advice for beginners is to never give up and that you will eventually get there!



KYLE

- Training in MNTC since Green Ball.
- Loves playing doubles!
- Favorite shot is the forehand.
- Excels at crosscourt exchanges.
- Really enjoys live ball and matches.

Upcoming USTA Tournaments at MNTC



- **June 21** - L7 BG 12 & 16 Singles MNTC Summer Smash.
- **June 28** - L7 Adult NTRP 3.0 - 4.0 Singles One Day Tournament
- **June 29** - Junior Circuit 12 Co-ed Green Ball Dominant Duo

**MCCORMACK-NAGELSEN
TENNIS CENTER**

SUMMER CAMP

WEEKLY RATES:

(MEMBER)

\$300

(NON-MEMBER)

\$320

DAILY RATES:

(MEMBER)

\$75

(NON-MEMBER)

\$80

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JUNE 16 - AUGUST 22,

MONDAY - FRIDAY,

2:00 - 5:00 PM



JR TRIBE CAMP

WEEKLY RATES:

(MEMBER)

\$200

(NON-MEMBER)

\$220

DAILY RATES:

(MEMBER)

\$50

(NON-MEMBER)

\$55

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