

MNTC NEWSLETTER

SPRING

2025

Our mission is to inspire excellence, create opportunities, connect the community and foster a positive lifelong impact through tennis.

COURTS UPGRADED

As most of you know, our courts have been completely resurfaced earlier this year. But did you know we also have **new nets** and **net dividers**?

To preserve the quality and longevity of our courts, we kindly ask all players to observe the following:

- Wear non-marking, tennis-specific shoes only
- Use non-spill water bottles to keep the court surface clean and safe



Coach's Corner



2024 RSPA PROFESSIONAL OF THE YEAR

Mike Caboy received this prestigious award from the Racquet Sports Professional Association (RSPA), an organization dedicated to supporting and recognizing excellence in racquet sports leadership, programming, and community impact across the country.

"I am humbled and honored. It has been an amazing year working with the incredible staff at MNTC and with the board of RSPA Mid-Atlantic." - Mike Caboy

COACH MIKE CAROY

Height - When playing from the baseline, your target should be between three to six feet over the net, minimum.

For example, Jessica Pegula has the lowest net clearance on tour (ATP or WTA) with an average over 2.5 feet.



Saturdays May 17 - June 14, 2025

10:00 - 11:00

Red Ball (Tiny Tots) -

Singles Play with coaches

on court to assist. - \$80

11:00 - 12:30

Green Ball (Challengers)

Dominant Duo format.

Teams of two will compete in

both Singles and Doubles. - \$100

10:00 - 11:00

Orange Ball (Future Stars)

Singles and Doubles with

coaches on court to assist. - \$80

12:30 - 02:00

Yellow Ball (Junior Slam)

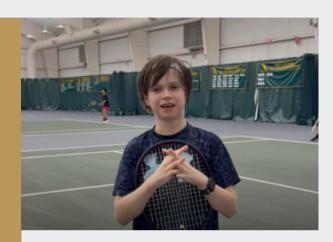
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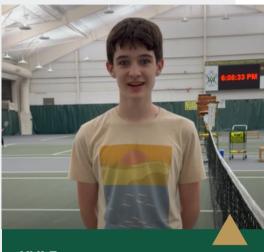
(757) 221-7378 williamsburgtenniscenter.com 705 S. Henry Street Williamsburg, VA 23185

MNTC Junior Tribe Spotlight



THOMAS - AKA "UNDER ARMOUR"

- Loves tennis because of the energy and fun!
- Current goal is accelerating the racquet.
- Favorite coach's tip right now is about coming to the net.
- Advice for beginners is to never give up and that you will eventually get there!



KYLE

- Training in MNTC since Green Ball.
- Loves playing doubles!
- Favorite shot is the forehand.
- Excels at crosscourt exchanges.
- Really enjoys live ball and matches.

Upcoming USTA Tournaments at MNTC



- June 21 L7 BG 12 & 16 Singles MNTC Summer Smash.
- June 28 L7 Adult NTRP 3.0 4.0 Singles One Day Tournament
- June 29 Junior Circuit 12 Co-ed Green Ball Dominant Duo

MCCORMACK-NAGELSEN **TENNIS CENTER**

SUMMER CAMP

JR TRIBE CAMP

WEEKLY RATES:

(MEMBER)

\$300

(NON-MEMBER)

\$320

DAILY RATES:

(NON-MEMBER)

\$80

(MEMBER)

\$75

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JUNE 16 - AUGUST 22,

MONDAY - FRIDAY,

2:00 - 5:00 PM



WEEKLY RATES:

DAILY RATES:

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